



Master Dan Lockhart is our chief instructor and former Director of the Martial Arts and Self Defense at UCI. He has been teaching Soo Bahk Do Moo Duk Kwan in Aliso Viejo for 22 years and has been training for 34.

Master Lockhart has a Degree in Psychology from UCI and has extensive experience providing top quality instructional programs to practitioners of all ages. He has taught martial arts and self defense classes throughout our community, for our local school districts and private schools, the City of Aliso Viejo, and local police departments.

Master Medina is a 5th Dan in the art of Soo Bahk Do and has trained consistently since he started in 1987. Originally from Region 2 in New Jersey, Master Medina has trained in various places throughout the United States and has instructed in his home studio since 1995. Master Medina is a retired Captain in the United States Marine Corps. Who started Soo Bahk Do in Columbia when stationed there.



Mr. Chris Millard is a 3rd Dan in the art of Soo Bahk Do. Mr. Millard began his martial arts training under Master George Dolby at the age of 8 in 1987. Mr. Millard was chosen to participate on the "Region 9" Sparring Team at the Soo Bahk Do National Championships in 1998, 2000-2007, 2010-2017. Mr. Millard is a fun and enthusiastic teacher which both kids and adults enjoy.

Brittany Lockhart is a 3rd Dan in Soo Bahk Do and she is a Certified Instructor. She has trained in the art since 1996 and was both Regional & National Champion in Forms / Sparring in 2009, 2010, 2012-2018. Miss Lockhart's an amazing teacher who makes training fun for all levels. She was a member of the National Sparring Team 2009-2018 that won the National Championships in 2010/2011/2017.



Lockhart's Karate Academy

- Gain Self Confidence While Having Fun!
- Build Your Child's Self Esteem
- Develop Concentration and Coordination
- Improve Self Discipline
- Increase Fitness and Flexibility



What parents are saying:

"Lockhart's Karate Academy - A great place for the family"

My son has been going to Lockhart Karate Academy for just over a year and couldn't recommend it more highly. Master Lockhart is such a great instructor. My 4 year old son has so much respect for him and looks forward to class each week. Master Lockhart commands respect without being mean. The children respond to him in such a positive manner and really want to learn what he is teaching. Master Lockhart takes the time to listen to each child and helps them stay on track at the same time. He knows each child by name and makes sure that he is available to have the tough discussions when they are not listening to their parents. If you are looking for a karate studio for your child/children, Lockhart's Karate Academy is the place to go.

(lovebnamom) Reviewed on Local.com



"Fantastic place for growth of all ages"

Our family has been attending Lockhart's Karate Academy for over 3 years now, and have found it to be a positive and rewarding place. Master Lockhart is a terrific instructor, quick to tailor his teaching to each student's needs. Kids and adults alike find themselves maturing in many aspects of their lives. He has high expectations for all of his students, and is always ready to give them the tools to help achieve their goals.

(oc_alt_ed_teach) Reviewed on lilaguide



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Lockhart's Karate Academy

Class Schedule

SPRING 2019



"Soo Bahk Do"
手 搏 道
Moo Duk Kwan